

Melocotones Rellenos

(Braised Peaches with a Pork and Almond Filling in a Brandy and Muscat Sauce)

Serves 8

8 large, firm fresh peaches (about 1/2 pound each), unpeeled

For the filling:

1/3 cup whole almonds, toasted
1/4 pound medium-ground pork
1/4 cup fresh white bread crumbs
1 egg, beaten
1/2 teaspoon salt
1/4 teaspoon freshly ground black pepper
1/8 teaspoon ground cinnamon
1 tablespoon finest-quality brandy

For the peaches:

2 tablespoons olive oil 2 tablespoons butter 1 to 2 tablespoons flour 6 tablespoons full-bodied brandy 1/4 cup sweet muscat wine 5 whole cloves 2 cups Veal stock Salt to taste, if necessary

For the *roux*:

1 tablespoon flour 1 tablespoon butter

With the help of a knife and melon-ball scoop, carefully remove pits from whole peaches without cutting them in half. Reserve pits.

To prepare the filling: Grind almonds finely in a food processor. Mix them in a medium bowl with all filling ingredients, and stuff peaches with mixture (about 1.5 tablespoons per peach).

To cook the peaches: Heat oil and butter in a large skillet. Put flour on a dish and dip the stuffed side of each peach into flour; sauté peaches over medium heat, stuffing side down, until golden. Set aside 1 T of the flour.

Transfer peaches to a large, lidded flameproof casserole, stuffed side up. Remove fat from skillet; deglaze with brandy and pour into casserole. Add muscat wine, cloves, and veal stock. Bring liquid to a boil, reduce heat to medium, add reserved pits, and simmer peaches, partially covered, for 35 minutes.

Arrange peaches on a platter, stuffing side up, and keep warm. Discard pits. Make the roux: Warm butter, add flour and stir on medium heat until golden. Add to the sauce. Reduce sauce to 1 cup. Taste for seasoning. Pour sauce over peaches and serve immediately.

Wine Pairing: Marimar Estate Mas Cavalls Pinot Noir Recipe from:
The Catalan Country Kitchen, page 86
by Marimar Torres